

## PE OVERVIEW 2025-26

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception	Multi skills	Gymnastics	Dance	Net and wall games	fundamentals ball skills	
Rec, Year 1 &	Football	Gymnastics	Dance	Fitness	Swimming	
	Multi Skills	Invasion Games	Send and receive	Net and wall games		
Year 3 & 4	Football Multi Skills	Hockey Gymnastics	Swimming		Striking & Fielding	Athletics
Year 5 & 6	Swimming		Gymnastics	Dance	Striking & Fielding	Athletics
			Tag Rugby	Basketball		